

**What is claimed is:**

1. A pair of swimming/diving goggles comprising:
  - a soft frame having two outer sides each having an engaging portion;
  - 5 two lenses mounted in the soft frame;
  - a head strap; and
  - two connecting blocks respectively mounted to the engaging portions of the soft frame, each said connecting block being pull-resistant and including a through-hole for engaging with the head strap, each said
  - 10 connecting block being at least partially embedded in and thus fixed by a plastic material for forming the soft frame.
2. The pair of swimming/diving goggles as claimed in claim 1, wherein the head strap includes a connection block attached thereto for engaging the respective connecting block.
- 15 3. The pair of swimming/diving goggles as claimed in claim 1, wherein the respective connecting block is a ring.
4. The pair of swimming/diving goggles as claimed in claim 1, wherein the respective connecting block is substantially C-shaped.
5. The pair of swimming/diving goggles as claimed in claim 1, wherein the
- 20 respective engaging portion of the soft frame is a ring.
6. The pair of swimming/diving goggles as claimed in claim 5, wherein the respective connecting block is at least partially embedded in the respective engaging portion of the soft frame.
7. The pair of swimming/diving goggles as claimed in claim 1, wherein the soft
- 25 frame is bendable according to a head contour of a user, providing an

intimate contact with two sides of the head of the user, and wherein the respective connecting block is not deformed when the head strap is pulled.

8. The pair of swimming/diving goggles as claimed in claim 1, wherein the soft frame and the connecting blocks are integrally formed as a one-piece member.

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